

Open a Can of Worms & Another Can of Worms

This packet contains guidelines to help you sell, make shop models, or teach classes from the books *Open a Can of Worms & Another Can of Worms* by Debbie Caffrey.

The following pages organize the patterns within the books into twelve sections. Each of the twelve sections includes a list of techniques that should be demonstrated and discussed if you are in a classroom or lecture/demo situation, a list of items that you can promote (sell!), and a project handout that you can give to your customers.

You can quickly view the entire twelve projects on the last two pages of the packet. The handouts are not meant to stand alone. They are supplements to the original patterns. The books must be purchased by each customer. Quilters will need to refer to them for many of the project construction details.

At the top of every page is a notation stating the version number. The attached pages are version 12/07 (December 2007). You will always be able to check the website for the most current information. Make sure you download the latest version in order to acquire any edits or updates.

Use the guidelines in this packet in the following ways:

As a twelve step, once a month or once a quarter, club or series of classes

Between the two books, there are twenty-seven different quilt patterns. These patterns have been categorized into twelve groups, one group for each month. Each month will focus upon a technique and present all of the patterns in both books that relate to that technique.

Month 1 begins with very basic skills. Each month that follows will add a new skill or concept. By the end of the series, your group will have covered all twenty-seven quilt patterns and will have become more confident, educated, and inspired quilters.

As a way to make store samples without making the entire quilt

Use the handouts provided to make store samples. Give the handout to customers who purchase the book(s) from you.

As a supplemental handout and class project

You may choose to focus on only a few of the projects within this guideline. Offer a class based upon a specific quilt pattern (each student must purchase the appropriate book), and give the handout as part of the class. Teach the small project, or teach the entire quilt, providing the handout as additional information. Students love extra (free) handouts!

We have other options for clubs, classes, and in store promotions.

Please contact us at your convenience if you have any questions about them or our books

Open a Can of Worms & Another Can of Worms.

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The handouts in this packet may be copied by quilt shops and quilting instructors and distributed to quilters who have purchased the books stated above.

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A 12 Step Program for

Open a Can of Worms & Another Can of Worms

Designed and Written by the Author

Debbie Caffrey

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Month 1

Project Handout

Piano Keys Table Runner

Suggested Fabrics – Valentine's Day or large scale prints

Techniques

- Introduce the layout of the books. Patterns begin simple and gradually lead the quilter through more advanced skills as they progress through the books. *Options to Consider* at the end of most patterns suggest other ways to use the pattern and other size options. Quilts in *Another Can of Worms* are designed in pairs with the first of the pair being scrappy, and the second using fewer fabrics. Usually the settings are quite different between the two.
- Demonstrate "power cutting" strips (pages 6-9 in *Open a Can of Worms* or pages 8-16 in *Power Cutting*) and crosscutting strip-pieced panels (pages 19-22 in *Power Cutting*).
- Discuss accurate seam allowances (seam test on page 27 in *Power Cutting*).
- Discuss "rainbow" effect (pages 27-28 in *Power Cutting*).
- Discuss strip sashing and cutting the strips along the lengthwise grain, parallel to the selvages.

Promotional Items

- Book, *Open a Can of Worms* by Debbie Caffrey
- Book, *Power Cutting* by Debbie Caffrey
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Jelly Rolls or other precut 2½" wide strips
- Kits
- 15" square ruler, or one about the same size
- 8½" x 24" ruler

Other Related Projects

- Stacked Coins quilt from *Open a Can of Worms*

Piano Keys Table Runner

Size –18" x 44"

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Open a Can of Worms.

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Supply List

Piano Keys Border 6 worms*

*These strips must be at least 40½" long after the selvages have been removed.

Main Print & Backing 1⅝ yards

Binding ¾ yard

Making the Table Runner

Cutting

Remove the selvages from one edge of the main print fabric. Cut a 10½" wide panel along the length of the fabric, parallel to the edge where the selvage was removed. Trim that panel to 36½" long. Set aside the remainder of the fabric to be used for the back of the runner.

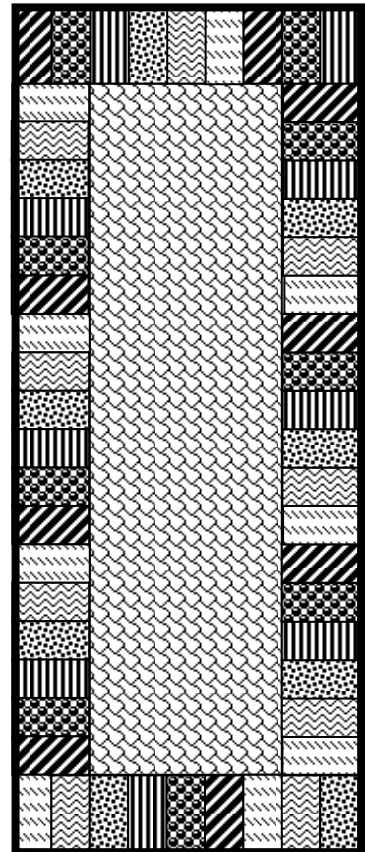
Piecing

Arrange the six "worms" in a pleasing order and sew them together into a panel as directed for the Stacked Coins quilt in *Open a Can of Worms*, page 29. Press.

Crosscut the panel into nine 4½" wide sections.

Sew three crosscut sections end on end to make a side border. Attach it to one side of the main print panel. Press the seam allowances toward the main print. Repeat to add a border to the opposite side of the table runner.

Remove the stitching to separate one crosscut section into two sections with three pieces in each. Sew one of the three piece sections to another six piece crosscut section. Attach this piece to one end of the runner. Repeat with the remaining pieces to add a border to the opposite end of the runner. Press the seam allowances away from the borders.



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Month 2

Project Handout

Sweet Sixteen Table Runner

Suggested Fabrics – Batiks

Techniques

- Review strip-cutting, strip-piecing, accurate seam allowances, and borders.
- Review crosscutting strip-pieced panels (19-22 in *Power Cutting*).
- Discuss running sashing into borders for effect (Sweet Sixteen page 10 of *Another Can of Worms*) and the illusion of pieced borders by simply adding a rail fence block or other block to the ends of the rows (Sand & Sea page 6 of *Another Can of Worms*).
- Demonstrate how to pin and keep sashing strips in line when sewing the rows together. Discuss a simpler construction method using cornerstones as in next month's project.
- Discuss the use of very narrow sashing (Sweet Sixteen and Sand & Sea) or very wide sashing (last month's Stacked Coins quilt) as design elements. They usually have much more impact than a typical 2" wide sashing.

TIP – For successful sashing, cut all sashing strips with the long measurement on the lengthwise grain of the fabric, parallel to the selvages, instead of cutting many skinny strips, selvege to selvege. For example, if you are sashing an 8" block (8½" unfinished) with a narrow, ½" wide sashing, cut an 8½" wide strip selvege to selvege, and then, cut it into 1" wide rectangles. Doing so will make the sashing strips much straighter in the finished project.

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Book, *Power Cutting* by Debbie Caffrey
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Jelly Rolls or other precut 2½" wide strips
- Kits
- 15" square ruler, or one about the same size
- 8½" x 24" ruler

Other Related Projects

- Sand & Sea quilt from *Another Can of Worms*
- Sweet Sixteen quilt from *Another Can of Worms*

Sweet Sixteen Table Runner

Size – 17" x 51"

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Another Can of Worms.

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Supply List

Accent Fabrics for Blocks 5 worms*

*These strips can be half-strips, but they must be at least 20½" long. Half-strips will leave no room for error.

Background & Backing 1⅝ yards

Sashing ⅝ yard

Binding ⅜ yard

Making the Table Runner

Cutting

Split the background fabric lengthwise into two panels. The first panel should be 21" wide. The second panel will be 19" - 21" wide. Set aside the second panel to be used for the back of the runner.

Use the 21" wide panel to cut the following pieces:
five strips 2½" x 21",
twelve 8½" x 4½" rectangles, and
four 4½" squares.

Piecing

Follow the instructions on page 7 of *Another Can of Worms* to make five sixteen patch blocks from the 2½" strips of accent fabrics and background.

Cut a 17½" wide strip, selvage to selvage, from the sashing fabric. Use this strip to cut six 1" x 17½" rectangles. These pieces will be the horizontal sashes shown in the illustration at the right.

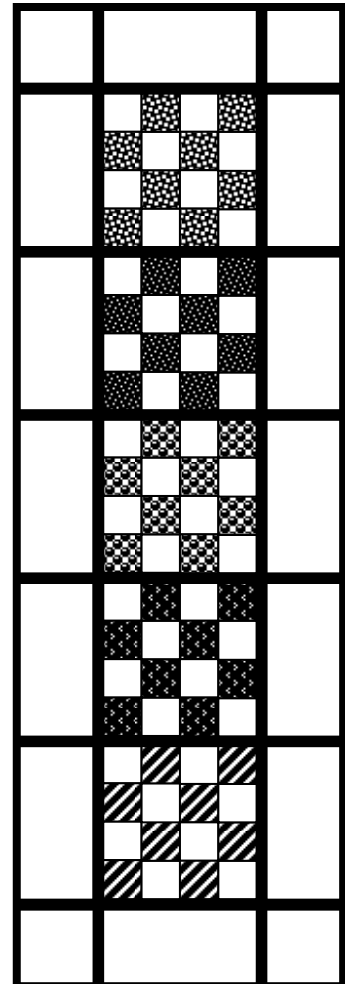
Trim the remainder of the 17½" strip of sashing to 8½" wide. Use this strip to cut ten 1" x 8½" rectangles.

Trim the remainder of the 8½" wide strip to 4½" wide. Use this strip to cut four 1" x 4½" rectangles.

Arrange the blocks, sashing pieces, and border rectangles and squares as shown in the illustration at the right.

Sew the runner together by making horizontal rows. Press the seam allowances toward the sashing strips in each row. Sew the rows together.

Refer to the Sweet Sixteen quilt on page 11 of *Another Can of Worms* for additional information.



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Month 3

Project Handout

Courthouse Steps on Point Table Runner

Suggested Fabrics – Spring floral, Easter

Techniques

- Make the point that this table runner is made with a few fabrics, but it could be a scrappy project if they prefer. Other projects in the future can be made scrappy, too. I have simplified the fabrics to make it easier for you to provide kits for the projects. Teach your quilters to think about how they want their quilt to look. Remind them that the quilts in *Another Can of Worms* are made in pairs, the first very scrappy and the second with relatively few fabrics.
- Demonstrate cutting and organizing pieces for Courthouse Steps blocks (page 13 of *Another Can of Worms*).
- Demonstrate setting blocks on point with narrow sashing.
- For the related projects, discuss keeping borders straight, stable, and not wavy by cutting the strips along the lengthwise grain (parallel to selvages), and trimming them to fit instead of cutting border strips across the width of the fabric and just sewing them to the quilt, trimming the excess after they have been sewn to the quilt, a review of last month.

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Book, *Open a Can of Worms* by Debbie Caffrey
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Jelly Rolls or other precut 2½" wide strips
- Kits
- 20½" square for cutting side triangles – OR – specialty rulers designed for cutting setting triangles. I do not use the specialty setting triangle tools, but you can add them to your demonstration if you like them.

Other Related Projects

- Courthouse Steps from *Another Can of Worms*
- Autumn Evening from *Another Can of Worms*
- Square Knots from *Open a Can of Worms*

Courthouse Steps on Point Table Runner

Size – 15½" x 45¼"






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Another Can of Worms.

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Supply List

	Fabric #1 – Blocks' Centers and Cornerstones	1 worm
	Fabric #2 – Middle Fabric in Blocks	2 worms (same fabric) or fat quarter
	Fabric #3 – Outer Fabric in Blocks	3 worms (same fabric) or fat quarter
	Sashing	fat quarter
	Setting Triangles & Backing	1½ yards
	Binding	¾ yard

Making the Table Runner

Cutting

Fabric #1

Cut three 2½" squares.

Use the remainder of the strip to cut ten 1" squares.

Fabric #2

Cut six 2½" x 6½" rectangles and six 2½" squares.

Fabric #3

If you are using a fat quarter, cut six strips 2½" wide x approximately 20".

Use the strips (3 worms or 6 half-strips) to cut six 2½" x 10½" rectangles and six 2½" x 6½" rectangles.

Sashing

Cut one strip 10½" wide x approximately 20".

Use this strip to cut twelve 1" x 10½" rectangles.

Setting Triangles & Backing

Split the setting triangle fabric in half lengthwise, making two panels, each approximately 20" x 54". Set aside one panel for the back of the runner.

Use the second panel to cut the following pieces:

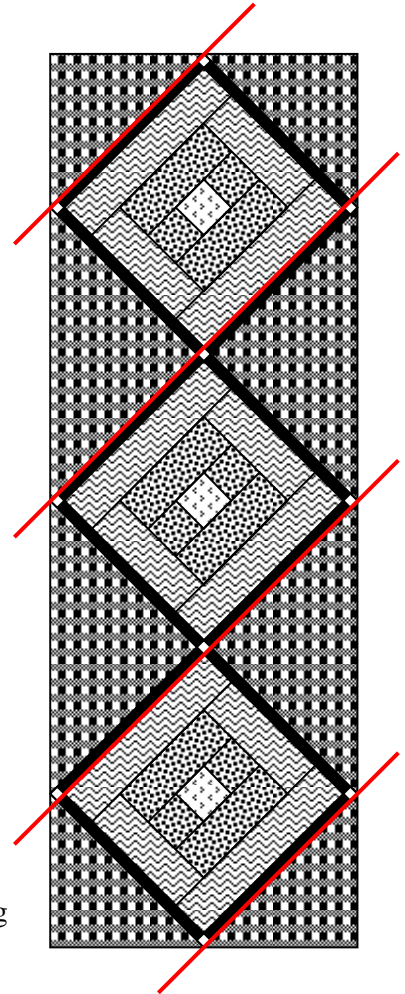
one 16⅞" square (Cut this square into four quarter-square triangles for the side triangles.)

and two 8⅝" squares (Cut each of these squares into half-square triangles, four triangles total, for the corners.).

Piecing

Follow the instructions on pages 13-14 of *Another Can of Worms* to make three Courthouse Steps blocks. Arrange the blocks on point with the sashing and cornerstones. See the illustration at the right.

Completing the table runner is slightly different from completing the Autumn Evening quilt on pages 16-18 of *Another Can of Worms*. The center diagonal row of the table runner is made as follows (See the sections separated by the diagonal lines in the illustration above.): Frame the center block with sashes and cornerstones on all four sides. Sew a cornerstone to a sashing rectangle, and attach that pair of pieces to the bottom of the left side triangle. Sew a cornerstone to a sashing rectangle, and attach that pair of pieces to the top of the right side triangle. Complete the center diagonal row and the remainder of the table runner. Read the instructions on page 18 of *Another Can of Worms* for more details about setting a quilt on point with sashes and cornerstones.



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Month 4

Project Handout

Cobblestones Table Runner

Suggested Fabrics – Reproductions

Techniques

- Demonstrate Seminole strip-piecing for Cobblestones (page 32 of *Open a Can of Worms*) Grandma's Featherbed (page 19 of *Another Can of Worms*), and Bluebonnets (page 23 of *Another Can of Worms*).
- Review setting blocks on point (month 3) and strip sashing (month 1).
- Discuss the fact that the elements in the quilts from books (*Open a Can of Worms* and *Another Can of Worms*) and other quilts based upon 2½" wide strips are interchangeable. Choose a setting from one quilt pattern and a block from another quilt pattern to make up a brand new design of your own.
- Suggest that one row of Grandma's Featherbed would make a great table runner.

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Book, *Open a Can of Worms* by Debbie Caffrey
- Jelly Rolls or other precut 2½" wide strips
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Kits
- 15" - 20½" square for cutting side triangles – or – specialty rulers designed for cutting setting triangles. I do not use the specialty setting triangle tools, but you can add them to your demonstration if you like them.

Other Related Projects

- Grandma's Featherbed from *Another Can of Worms*
- Bluebonnets from *Another Can of Worms*
- Cobblestones from *Open a Can of Worms*

Cobblestones Table Runner

Size – 16½" x 53¼"

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Supply List

<i>Cobblestones</i>	5 worms
<i>Background</i>	½ yard
<i>Border & Backing</i>	1¾ yards
<i>Binding</i>	¾ yard

Making the Table Runner

Cutting

Cobblestones

Remove the selvages and cut two 2½" squares from each of the five "worms". Set these aside to be used for the corners.

Background

Cut three strips 2½" wide.

Set aside two strips for strip-piecing.

Use the third strip to cut ten 2½" squares.

Cut three strips 1½" wide.

These 1½" wide strips are for the inner border.

Border & Backing

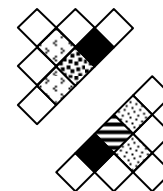
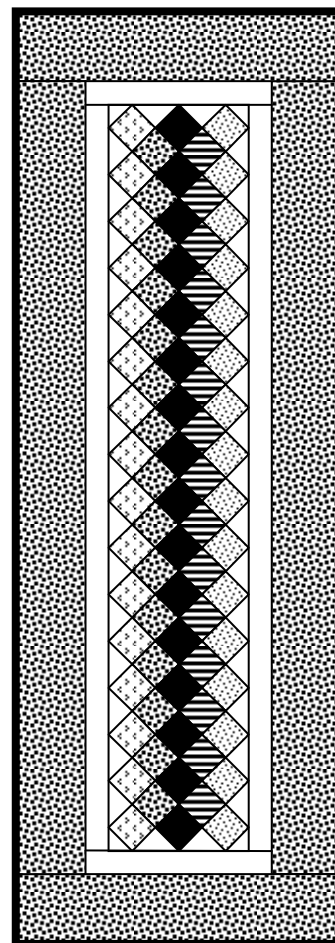
Remove the selvages from one edge of the border and backing fabric. Cut three 3½" wide panels along the length of the fabric, parallel to the edge where the selvage was removed. These panels will be used for the outer border. Set aside the remainder of the fabric to be used for the back of the runner.

Piecing

Cut each of the five "worms" and the two 2½" strips of background in half to make two pieces that are 2½" x approximately 18". Use these strips to make two short panels instead of one long panel as directed for the Cobblestones quilt in *Open a Can of Worms*, page 32. Sew the strips together to make two panels of seven strips. The background fabric strips should be the first and last strip in each panel. The fabrics should be in exactly the same order in each of the two panels. The reason for making two panels is so that the second panel (B) can be pressed in the opposite direction from the first (A), making it simple to nest the seams together. Crosscut each panel into seven 2½" wide sections. If your fabrics were narrow, you will only be able to cut six sections. The result is a slightly shorter table runner. Sew the sections together, alternating A's and B's to make a row as directed on page 33 of *Open a Can of Worms*.

Use the squares that you have cut to make the two corners shown directly at the right. There will be two squares left over and not used to complete the table runner. Press the seam allowances so that they will oppose those in the row that you constructed above. Attach the corners. Press.

Trim the row as directed on pages 33-34 of *Open a Can of Worms*. Use the 1½" wide strips of background and the 3½" strips of border fabric to add borders. Add borders to the two long sides first and then, to the ends.



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Month 5

Project Handout

Four Patches & Friends Table Topper or Wall Quilt

Suggested Fabrics – Florals

Techniques

- Demonstrate the sew & flip technique (page 41 of *Open a Can of Worms*). Demonstrate using the Omnigrid 96 or 96L for the sew & flip technique, as shown in *Power Cutting, Too* on pages 16-18.
- Discuss the use of design wall and options for setting the larger quilt. Some additional setting options are shown on pages 43 and 44 of *Open a Can of Worms*.
- Discuss the border on the larger quilt, just 2½" wide strips (*worms*) and one more row of blocks, and how it is more interesting than just a wide panel of fabric.

Promotional Items

- Book, *Open a Can of Worms* by Debbie Caffrey
- Book, *Power Cutting, Too* by Debbie Caffrey
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Omnigrid 96 or 96L triangle tool (I always sell only the larger, 96L. It does everything the smaller (96) does and more, so there is never a need for the smaller tool.
- Jelly Rolls or other precut 2½" wide strips
- Kits
- Design walls (cotton batting, flannel, gridded flannel, portable design walls, etc.)
- Specialty tools designed for sew & flip technique. I do not use other specialty tools besides the Omnigrid 96L (one option is The Angler), but you can add them to your demonstration if you like them.

Other Related Projects

- Four Patches & Friends from *Open a Can of Worms*

Four Patches & Friends Table Topper or Wall Quilt

Size – 24" square

Designed and written by Debbie Caffrey

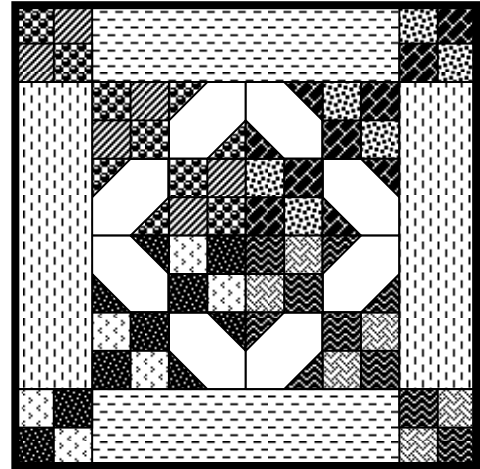
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Supply List

Blocks & Corners	8 worms (8 different fabrics)
Light Background in Blocks	fat quarter
Border	fat quarter
Backing	$\frac{7}{8}$ yard
Binding	$\frac{3}{8}$ yard



Making the Quilt

Cutting

Light Background

Cut two strips $4\frac{1}{2}$ " wide x approximately 20".

Use these strips to cut eight $4\frac{1}{2}$ " squares.

Border

Remove the selvages.

Cut four panels $4\frac{1}{2}$ " wide, ***parallel to the edges where the selvages were removed***, making them approximately 18" long.

Use these strips to cut four $4\frac{1}{2}$ " x $16\frac{1}{2}$ " rectangles.

Piecing

Each block uses two worm fabrics. See the photo on page 23 and the instructions on pages 40 and 41 of *Open a Can of Worms* for more explanation. Choose two worms to be used together to make one block. Repeat to organize three more pairs for the other three blocks.

In each pair of worms, one strip is used as the "large scale" print. Cut ten $2\frac{1}{2}$ " squares from that strip. The second strip is used as the "small scale" print. Cut six $2\frac{1}{2}$ " squares from that strip.

Follow the directions on pages 40 and 41 to make four blocks, one from each pair of fabrics.

Use the remaining $2\frac{1}{2}$ " squares (two of each fabric) to make the four patch blocks for the corners of the quilt. See the illustration above.

Sew the Four Patches & Friends blocks together to make the center of the quilt. Use the four patch blocks and the border pieces to complete the quilt.

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Month 6

Project Handout

Memory Star Block Small Quilt, Pillow, or Sham

Suggested Fabrics – Americana / 4th of July

Techniques

- Demonstrate cutting half-square triangles with the Omnigrid 96L (pages 27-28 of *Another Can of Worms*) and quarter-square triangles with the Omnigrid 98L (page 28 of *Another Can of Worms*). Again, I do not sell the smaller Omnigrid 98 for the same reason as stated last month for the 96 vs. 96L.
- Discuss the triangle tools. Details about their design and use are in *Power Cutting, Too* (use of half-square triangles on pages 8-9, use of quarter-square triangles on pages 14-15, and detailed explanation of the tools and introduction to trapezoids for month 7, a preview of what is to come, on pages 19-23).
- Give options for finishing project as a pillow or a sham.

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Book, *Power Cutting, Too* by Debbie Caffrey
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Jelly Rolls or other precut 2½" wide strips
- Kits
- Pillow forms or fiberfill, batting, and muslin to make them
- Reference book(s) for making pillows, shams, and home decorator projects
- Omnigrid 96L and 98L

Other Related Projects

- Memory Star from *Another Can of Worms*
- Pass the Apple Pie from *Another Can of Worms*

Memory Star Block Small Quilt, Pillow, or Sham

Size – 20" square

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Supply List

Block & Borders 8 worms (4 lights and 4 darks)

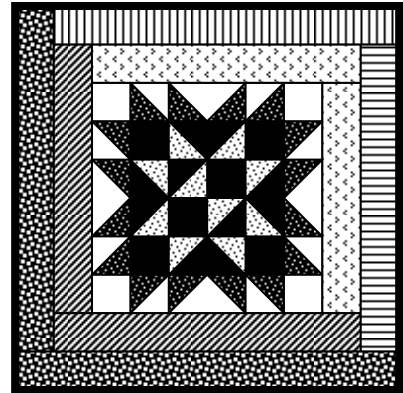
Backing $\frac{3}{4}$ yard

Binding (only for quilt finish) $\frac{3}{8}$ yard

Making the Quilt, Pillow, or Sham

Cutting

Refer to the cutting information in the "Cutting the Memory Star Blocks" section at the bottom of page 28 in *Another Can of Worms*.



Light #1 – Background of Star (shown as solid white in illustration above)

Cut as directed on page 28 for the *tan* strip.

Light #2 – Inner Star

Cut as directed on page 28 for the *bright or medium inner star* strip.

Light #3 – First Light Border

Cut one $2\frac{1}{2}$ " x $14\frac{1}{2}$ " rectangle and one $2\frac{1}{2}$ " x $12\frac{1}{2}$ " rectangle.

Light #4 – Second Light Border

Cut one $2\frac{1}{2}$ " x $18\frac{1}{2}$ " rectangle and one $2\frac{1}{2}$ " x $16\frac{1}{2}$ " rectangle.

Dark #1 – Background of Inner Star (shown as solid black in illustration above)

Cut as directed on page 29 for the *dark #1* strip.

Dark #2 – Outer Star

Cut as directed on page 29 for the *dark #2* strip.

Dark #3 – First Dark Border

Cut one $2\frac{1}{2}$ " x $16\frac{1}{2}$ " rectangle and one $2\frac{1}{2}$ " x $14\frac{1}{2}$ " rectangle.

Dark #4 – Second Dark Border

Cut one $2\frac{1}{2}$ " x $20\frac{1}{2}$ " rectangle and one $2\frac{1}{2}$ " x $18\frac{1}{2}$ " rectangle.

Piecing

Follow the instructions on pages 29 and 30 of *Another Can of Worms* to make one Memory Star block.

Add the border rectangles to the block in a counter-clockwise direction in the following order: first light border ($2\frac{1}{2}$ " x $12\frac{1}{2}$ " rectangle then $2\frac{1}{2}$ " x $14\frac{1}{2}$ " rectangle), first dark border ($2\frac{1}{2}$ " x $14\frac{1}{2}$ " rectangle then $2\frac{1}{2}$ " x $16\frac{1}{2}$ " rectangle), second light border ($2\frac{1}{2}$ " x $16\frac{1}{2}$ " rectangle then $2\frac{1}{2}$ " x $18\frac{1}{2}$ " rectangle), and second dark border ($2\frac{1}{2}$ " x $18\frac{1}{2}$ " rectangle then $2\frac{1}{2}$ " x $20\frac{1}{2}$ " rectangle).

Finish the quilt, pillow, or sham, as desired.

A 12 Step Program for

Open a Can of Worms & Another Can of Worms

Designed and Written by the Author

Debbie Caffrey

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Month 7

Project Handout

Friendship Braid Table Runner

Suggested Fabrics – Late Summer or Christmas in July

Techniques

- Demonstrate cutting trapezoids with the Omnigrid 96L (pages 11-12 of *Open a Can of Worms* and pages 19-20 of *Power Cutting, Too*).
- Review the triangle tools. Details about their design and use are in *Power Cutting, Too* (use of half-square triangles on pages 8-9, use of quarter-square triangles on pages 14-15, and detailed explanation of the tools and introduction to trapezoids on pages 19-23).
- Demonstrate organizing the trapezoids, building the braids, and trimming them.
- Suggest that the table runner can be made with only one row instead of two, (using half strips) and completed with an inner border like the Cobblestones runner (month 4) if they want a narrower runner that is finished more quickly. Obviously, any number of fabrics can be used, so this is a great project for using up the short ends of worms that are leftovers from previous projects.

Promotional Items

- Book, *Open a Can of Worms* by Debbie Caffrey
- Book, *Power Cutting, Too* by Debbie Caffrey
- Jelly Rolls or other precut 2½" wide strips
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Kits
- Omnigrid 96L

Other Related Projects

- Friendship Braid from *Open a Can of Worms*

Friendship Braid Table Runner

Size – 23" x 59¾"

Designed and written by Debbie Caffrey

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Open a Can of Worms. No other use of this handout is allowed without written consent from the designer or publisher.

Supply List

Light	8 worms
Dark	8 worms
Border & Backing	1⅞ yards
Binding	½ yard

Making the Table Runner

Cutting

Worms

Follow the instructions on page 49 of *Open a Can of Worms* to cut five of each trapezoid (A and B) from each of the light worms.

Yield: 40 A and 40 B, total

Repeat to cut five of each trapezoid (C and D) from each of the dark worms.

Yield: 40 C and 40 D, total

Border & Backing

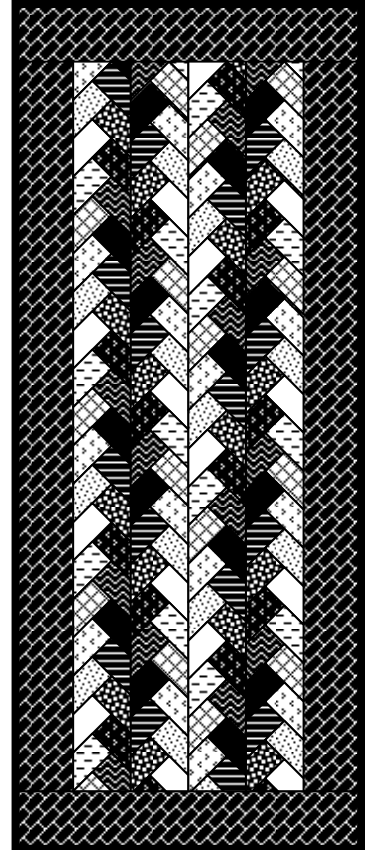
Remove the selvages from one edge of the border and backing fabric. Cut three 3½" wide panels along the length of the fabric, parallel to the edge where the selvage was removed. These panels will be used for the border. Set aside the remainder of the fabric to be used for the back of the runner.

Piecing

Follow the instructions on pages 50 and 51 of *Open a Can of Worms* to make **two**, not five, braids. **Each half of the braid** (B/C half or A/D half) should contain twenty light trapezoids and twenty dark trapezoids.

Trim the row as directed on page 51 of *Open a Can of Worms*.

Use the 3½" strips of border fabric to add borders. Add borders to the two long sides first, then, add them to the ends.



Open a Can of Worms & Another Can of Worms

Designed and Written by the Author

Debbie Caffrey

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Month 8

Project Handout

Tree Pillow or Sham

Suggested Fabrics – Autumn or Christmas

Techniques

- Review cutting triangles and trapezoids with the Omnigrid 96L (pages 10-12 of *Open a Can of Worms* and pages 8-9 and 19-20 of *Power Cutting, Too*). Emphasize whether to cut reverse trapezoids or not, and how to do so.
- Demonstrate point trimming for trapezoids (pages 25-26 and 32 of *Power Cutting, Too*) for perfect alignment.
- Demonstrate making the tree trunk section and completing the block.
- Discuss the border transition of the Buzz Saw quilt (outer perimeter of blocks have dark background – great way to transition to the end of a quilt). Another border of the dark background could be added, followed by a wide border of a focus print fabric, making the quilt large enough to fit a full or queen size bed.
- Review piano keys border (month 1) in Sister's Choice quilt.
- Discuss the use of the scraps to make chain blocks for the border in the Road to Oklahoma quilt. The border blocks are subtly different, simpler, and make the suggestion that the quilt is ending. Show how the chain blocks can be used in other projects (page 60, *Open a Can of Worms*).

Promotional Items

- Book, *Open a Can of Worms* by Debbie Caffrey
- Book, *Power Cutting, Too* by Debbie Caffrey
- Jelly Rolls or other precut 2½" wide strips
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Kits
- Omnigrid 96L
- Point trimmer tool
- 4½" square ruler for trimming tree trunk section accurately and conveniently
- Pillow forms or fiberfill, batting, and muslin to make them
- Reference book(s) for making pillows, shams, and home decorator projects

Other Related Projects

- Trees from *Open a Can of Worms*
- Buzz Saw from *Open a Can of Worms*
- Sister's Choice from *Open a Can of Worms*
- Road to Oklahoma from *Open a Can of Worms*

Tree Pillow or Sham

Size – 17" square

Designed and written by Debbie Caffrey

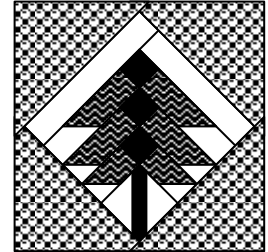
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Open a Can of Worms.

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Supply List

<i>Light</i>	fat quarter
<i>Tree</i>	1 worm plus three 2½" squares of a second fabric
<i>Tree Trunk</i>	one rectangle 1½" x 7"
<i>Setting Triangles</i>	fat quarter
<i>Backing</i>	⅝ yard



Making the Pillow or Sham

Cutting

Light

Cut one strip 5" x approximately 20".

Use this strip to cut one 5" square.

Cut this square into half-square triangles. Yield: 2 triangles

Cut the remainder of the 5" strip into two strips 2½" x approximately 15".

Use these strips to cut one 2½" x 12½" rectangle and one 2½" x 10½" rectangle.

Cut two strips 2½" x approximately 20".

Use these strips to cut one 4" (finished size) trapezoid, one reverse 4" (finished size) trapezoid, and four 2" (finished size) half-square triangles, as directed on page 62 of *Open a Can of Worms*.

Tree

Cut as directed for "worms" on page 61 of *Open a Can of Worms*, **except** eliminate the three 2½" squares. Those squares will be replaced by the "three 2½" squares of a second fabric" from above.

Setting Triangles

Cut one strip 9⅜" x approximately 20".

Use this strip to cut two 9⅜" squares.

Cut these squares into half-square triangles. Yield: 4 triangles

Piecing

Follow the instructions on pages 62 and 63 to make one tree block.

Use the large half-square triangles to set the block on point. Press the seam allowances toward the triangles as they are added to the block.

Finish the pillow or sham as desired.

A 12 Step Program for

Open a Can of Worms & Another Can of Worms

Designed and Written by the Author

Debbie Caffrey

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Month 9

Project Handout

Four on Point Table Runner

Suggested Fabrics – Halloween or black & white

Techniques

- Remind the quilters that the small projects in this series can be scrappy versions. See the guideline for month 3. This table runner could use many fabrics and look more like the quilt on page 21 of *Open a Can of Worms*.
- Review cutting half-square triangles with the Omnigrid 96L and quarter-square triangles with the Omnigrid 98L. Information is detailed in both “worms” books and *Power Cutting, Too*.
- Discuss the assembly of Four Patches on Point quilt as small simple units (four patches and hourglasses) sewn together in diagonal rows – page 67 of *Open a Can of Worms*.
- Discuss designing, selecting fabrics, and making star blocks for the Star Sampler – how to use a design wall and organize your blocks (pages 70-73 of *Open a Can of Worms*).

Promotional Items

- Book, *Open a Can of Worms* by Debbie Caffrey
- Book, *Power Cutting, Too* by Debbie Caffrey
- Jelly Rolls or other precut 2½" wide strips
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Kits
- Design walls (cotton batting, flannel, gridded flannel, portable design walls, etc.)
- Omnigrid 96L and 98L

Other Related Projects

- Four on Point from *Open a Can of Worms*
- Star Sampler from *Open a Can of Worms*

Four on Point Table Runner

Size – 15³/₈" x 49¹/₄"

Designed and written by Debbie Caffrey

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Supply List

<i>Fabric #1 (shown as solid white)</i>	³ / ₈ yard
<i>Fabric #2 (shown as confetti)</i>	³ / ₈ yard
<i>Fabric #3 (shown as diagonal bricks pattern)</i>	³ / ₈ yard
<i>Fabric #4 (shown in four patches as solid black)</i>	1 worm
<i>Border & Backing (more of fabric #4 or another)</i>	1 ¹ / ₂ yards
<i>Binding</i>	³ / ₈ yard

Making the Table Runner

Cutting

Strips are cut across the width of the fabric, making them approximately 40" long with selvages on each of the short ends.

Fabric #1

Cut three strips 2¹/₂" wide.

Use these strips to cut thirty-two 4" (finished size) quarter-square triangles. More detailed information about cutting the triangles from the strips is on pages 12 and 13 of *Open a Can of Worms*.

Fabric #2

Cut one strip 6⁷/₈" wide.

Use this strip to cut four 6⁷/₈" squares.

Cut these squares into quarter-square triangles. Yield: 16 triangles
From the leftovers of the 6⁷/₈" strip, cut two 3³/₄" squares.

Cut these squares into half-square triangles. Yield: 4 triangles (corners of table runner)

Cut one strip 2¹/₂" wide.

Fabric #3

Cut three strips 2¹/₂" wide.

Use these strips to cut thirty-two 4" (finished size) quarter-square triangles. More detailed information about cutting the triangles from the strips is on pages 12 and 13 of *Open a Can of Worms*.

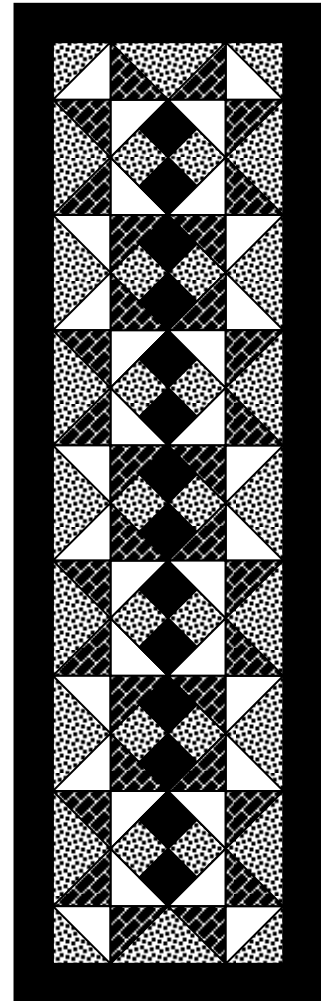
Border & Backing

Remove the selvages from one edge of the fabric. Cut three 2¹/₂" wide panels along the length of the fabric, parallel to the edge where the selvage was removed. These panels will be used for the border. Set aside the remainder of the fabric to be used for the back of the runner.

Piecing

Sew the 2¹/₂" strip of fabric #2 to the 2¹/₂" strip of fabric #4. Press the seam allowances toward fabric #4. Crosscut this panel into fourteen sections that are 2¹/₂" wide. Use the sections to make seven four patch blocks. Use the quarter-square triangles of fabrics #1 and #3 to make sixteen hourglass blocks.

Arrange the four patches, hourglasses, and remaining triangles to make the table runner. Refer to the illustration above. Use the instructions on page 67 of *Open a Can of Worms* to guide you in the process of sewing units together on the diagonal. Use the 2¹/₂" strips of border fabric to add borders. Add borders to the two long sides first, then, add them to the ends.



Open a Can of Worms & Another Can of Worms

Designed and Written by the Author

Debbie Caffrey

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Month 10

Project Handout

Potpourri Table Runner

Suggested Fabrics – Thanksgiving

Techniques

- Discuss the strip-pieced panels (pages 36 & 40 of *Another Can of Worms*), and how to stair-step them.
- Discuss tube or no tube (Potpourri quilt vs. Fish Tales quilt).
- Demonstrate cutting the large quarter-square triangles with the Omnigrid 98L (page 36 of *Another Can of Worms*).
- Demonstrate the completion of table runner.

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Jelly Rolls or other precut 2½" wide strips
- Kits
- Omnigrid 98L – must be the larger tool, the Omnigrid 98 and most other brands of quarter-square triangles are too small.

Other Related Projects

- Potpourri from *Another Can of Worms*
- Fish Tales from *Another Can of Worms*

Potpourri Table Runner

Size – 21" x 55"

Designed and written by Debbie Caffrey

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Supply List

- Blocks** 6 different fat quarters, or
for a scrappy runner, use 36 half-strips (2½" x 20")
- Border & Backing** 1¾ yards
- Binding** ⅜ yard

Making the Table Runner

Cutting

Fat Quarters

If you are making the non-scrappy version as shown at the right (like the Fish Tales quilt on page 39 of *Another Can of Worms*), cut six half-strips (2½" x 20") from each of the six fat quarters.

Borders & Backing

Remove the selvages from one edge of the border and backing fabric. Cut three 2½" wide panels along the length of the fabric, parallel to the edge where the selvaage was removed. These panels will be used for the border. Set aside the remainder of the fabric to be used for the back of the runner.

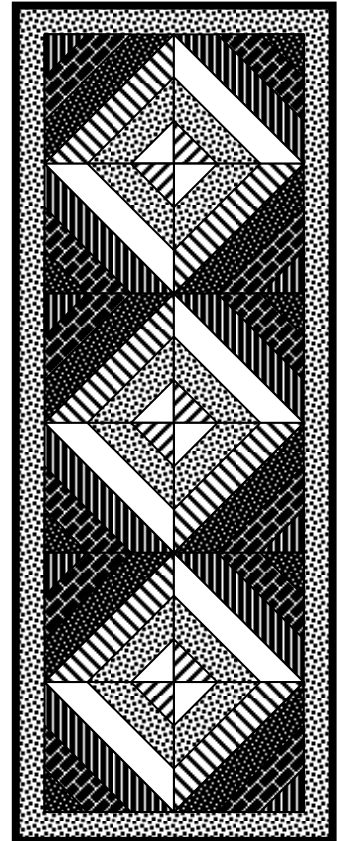
Piecing

For the scrappy version, follow the instructions on pages 36 and 37 of *Another Can of Worms* to make twelve blocks.

For the non-scrappy version, follow the instructions on pages 40 and 41 of *Another Can of Worms* to make six X blocks and six Y blocks. The only difference between the quilt and this table runner is that you will be using shorter half-strips to make your strip-pieced panels and tubes.

Arrange the blocks into two vertical rows of six blocks. See the illustration above for the rotation and placement of the blocks, **or choose one of your own**. Sew the rows together. Press the seam allowances of the left row toward the bottom. Press the seam allowances of the right row toward the top. Sew the rows together. Press the seam allowances to one side.

Use the 2½" strips of border fabric to add borders. Add borders to the two long sides first, then, add them to the ends.



Open a Can of Worms & Another Can of Worms

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Month 11

Project Handout

Black & White & Star Wall Quilt, Pillow, or Sham

Suggested Fabrics – Christmas

Techniques

- Demonstrate using the Tri Recs tools (pages 43-44, 52, and 59 of *Another Can of Worms*).
- Demonstrate the completion of block and pillow.
- Discuss the design decision to use not one background fabric (dark *OR* light), but two for more interest and design options in Black & White & Stars Allover project (page 57 of *Another Can of Worms*).
- Point out the narrow sashing, asymmetrical setting, and placement of narrow accent borders in Black & White & Stars Allover quilt, all contributing to the more complicated look of the finished quilt.
- Discuss the fact that Turquoise Trail is not a nine patch block, but a sixteen patch block, and how that creates a simple, but impressive, setting (pages 42-46 of *Another Can of Worms*). The construction of the block as a sixteen patch is to be able to press the seam allowances so that they will all nest together when sewing the blocks to one another. Stress the use of a design wall to arrange the blocks.
- Discuss the use of two colors of sashing (green and orange) in Happy Talk instead of one or the other (page 47 of *Another Can of Worms*).
- Demonstrate how the Omnigrid 96L and 98L triangles are used along with the Tri Recs tools to make Pink Lemonade (page 50-54 of *Another Can of Worms*).

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Jelly Rolls or other precut 2½" wide strips
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Kits
- Design walls (cotton batting, flannel, gridded flannel, portable design walls, etc.)
- Tri Recs
- Omnigrid 96L and 98L
- Pillow forms or fiberfill, batting, and muslin to make them
- Reference book(s) for making pillows, shams, and home decorator projects

Other Related Projects

- Black & White & Stars Allover from *Another Can of Worms*
- Turquoise Trail from *Another Can of Worms*
- Happy Talk from *Another Can of Worms*
- Pink Lemonade from *Another Can of Worms*

Black & White & Star Wall Quilt, Pillow, or Sham

Size – 21" square

Designed and written by Debbie Caffrey

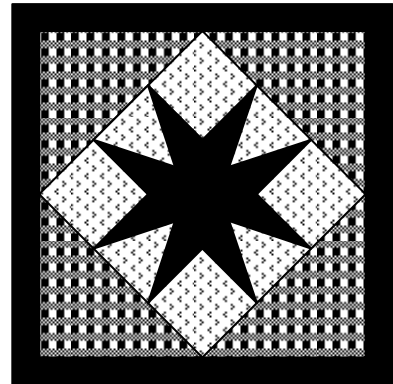
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Supply List

<i>Light</i>	fat quarter
<i>Star & Border</i>	$\frac{3}{8}$ yard
<i>Setting Triangles</i>	fat quarter
<i>Backing</i>	$\frac{3}{4}$ yard
<i>Binding (wall quilt, only)</i>	$\frac{1}{4}$ yard



Making the Wall Quilt, Pillow, or Sham

Cutting

Light

Cut two strips $4\frac{1}{2}$ " x approximately 20".

Use these strips to cut four $4\frac{1}{2}$ " squares and four "Tri" triangles (See page 58 in *Another Can of Worms*).

Star & Border

These strips are cut across the width of your fabric, making them approximately 40" long with selvages on each of the short ends.

Cut one strip $4\frac{1}{2}$ " wide.

Use this strip to cut one $4\frac{1}{2}$ " square and the star points. The star points are made with four "Recs" triangles and four reverse "Recs" triangles. Refer to the cutting information for the pink star fabric on pages 51 and 52 *Another Can of Worms* for directions on cutting the star points.

Cut two strips $2\frac{1}{2}$ " wide.

Use these strips to cut two $2\frac{1}{2}$ " x $21\frac{1}{2}$ " rectangles and two $2\frac{1}{2}$ " x $17\frac{1}{2}$ " rectangles.

Setting Triangles

Cut one strip $9\frac{3}{8}$ " x approximately 20".

Use this strip to cut two $9\frac{3}{8}$ " squares.

Cut these squares into half-square triangles. Yield: 4 triangles

Piecing

The star block is completed exactly as directed on page 48 of *Another Can of Worms*, except that the pieces are larger.

Set the star block on point with the setting triangles. Press the seam allowances toward each triangle as it is added.

Use the rectangles to add borders to the block.

Finish the quilt, pillow, or sham as desired.

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Month 12

Project Handout

Spiraling Pyramids Table Runner

Suggested Fabrics – Blue & white (snowy) or New Year's glitz

Techniques

- Demonstrate the Creative Grid 60° triangle (pages 62-64 of *Another Can of Worms*). Discuss the differences and similarities between the Creative Grid 60° triangle tool and other 60° triangle tools.
- Discuss the **important** pressing information (pages 69-70 of *Another Can of Worms*).
- Demonstrate the completion of block and runner.
- Discuss the more complicated quilt, Diamonds are a Girl's Best Friend (page 61-67 of *Another Can of Worms*), and suggest they challenge themselves to make a small sample (page 67). The blocks are fairly simple, but sashing on an angle can be challenging. Get them out of the rut of making only simple quilts!

Promotional Items

- Book, *Another Can of Worms* by Debbie Caffrey
- Jelly Rolls or other precut 2½" wide strips
- Other books and patterns written for 2½" wide strips with similar skills and techniques
- Kits
- Creative Grids 60° triangle

Other Related Projects

- Diamonds are a Girl's Best Friend from *Another Can of Worms*
- Spiraling Pyramids from *Another Can of Worms*

Spiraling Pyramids Table Runner

Size – 16" x 46¼"

Designed and written by Debbie Caffrey

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Supply List

Light $\frac{5}{8}$ yard

Darks 9 worms or half-strips

The illustration at the right shows only one dark, but use nine different fabrics. See the quilt on page 68 of *Another Can of Worms* for color ideas.

Setting Triangles & Backing 1½ yards

Binding $\frac{3}{8}$ yard

Making the Table Runner

Cutting

Strips are cut across the width of your fabric, making them approximately 40" long with selvages on each of the short ends.

Light

Cut seven strips 2½" wide.

Reserve five strips for strip-piecing.

Use the remaining two strips to cut a total of thirty-six 60° triangles, using the 2½" line on the triangle tool. See pages 62 and 69 in *Another Can of Worms*.

Setting Triangles

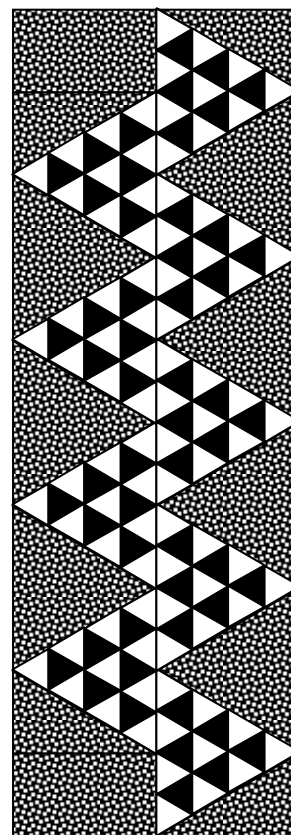
See page 70 of *Another Can of Worms*. Cut exactly half of what it directs you to do (The table runner is exactly half of the quilt.), **except, remove the selvage from one edge of the fabric and cut the strips parallel to that edge.** Reserve the remainder of the fabric for the back of the table runner.

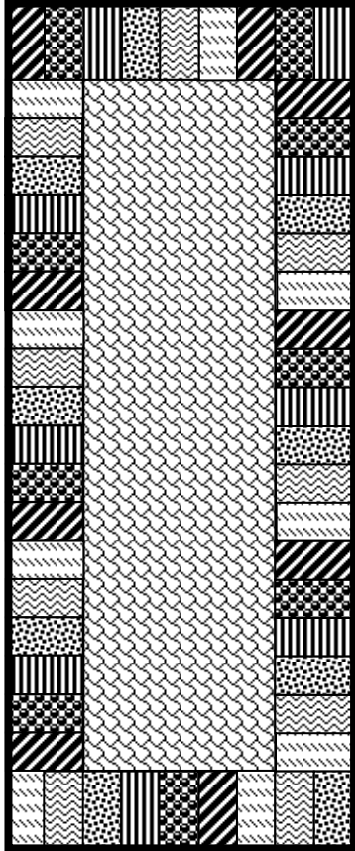
Piecing

Follow the directions on pages 69 and 70 of *Another Can of Worms*. Make nine blocks (fig. 2).

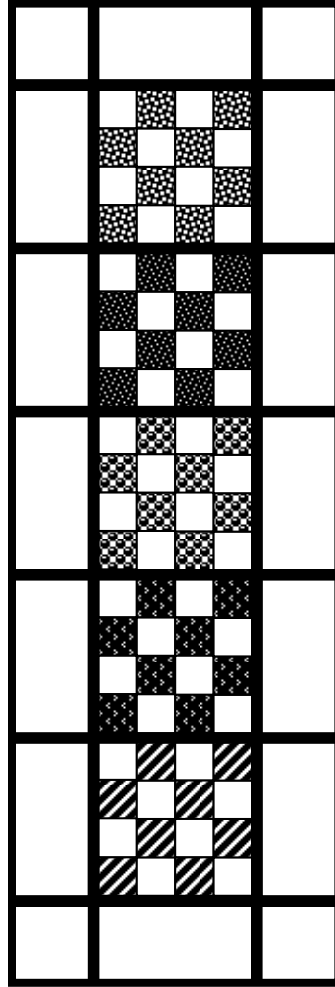
Follow the directions on pages 70 and 71 to make one row like the one shown in figure 3 and one row like the one shown in figure 4.

Sew the rows together to make the table runner shown above. Add a narrow border, if desired.

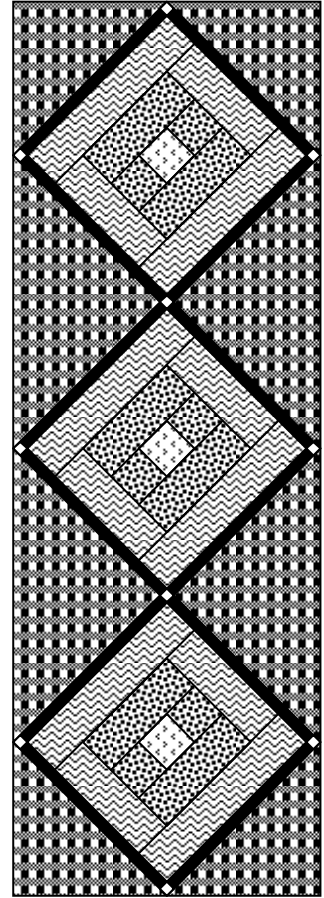




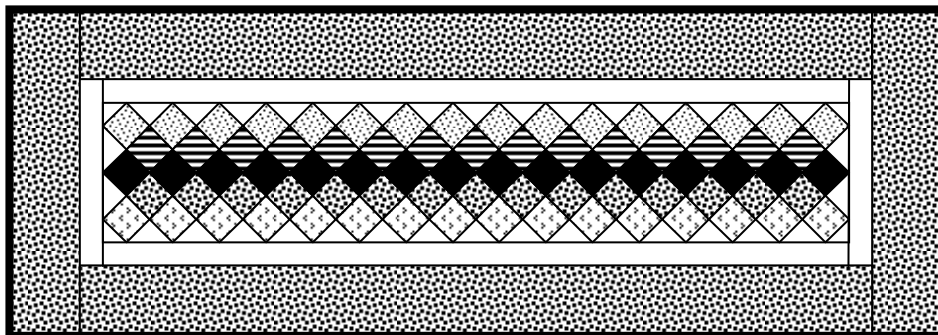
month 1



month 2

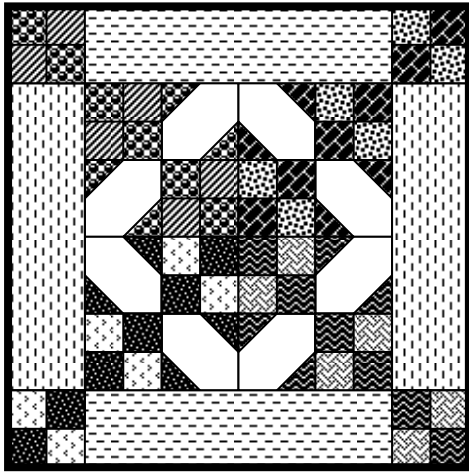


month 3

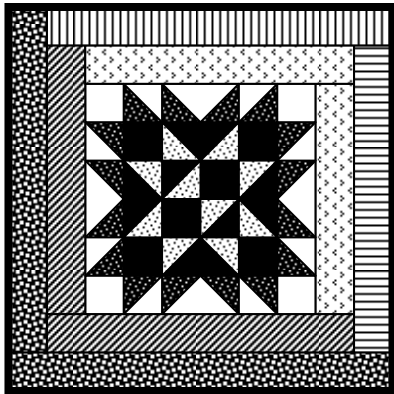


month 4

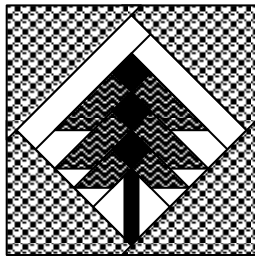
version 12/07



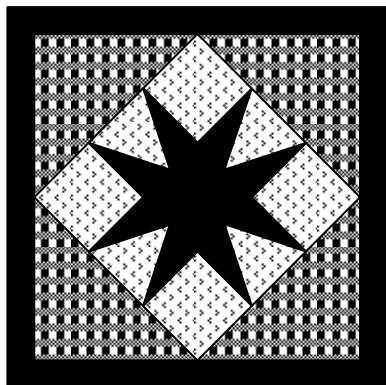
month 5



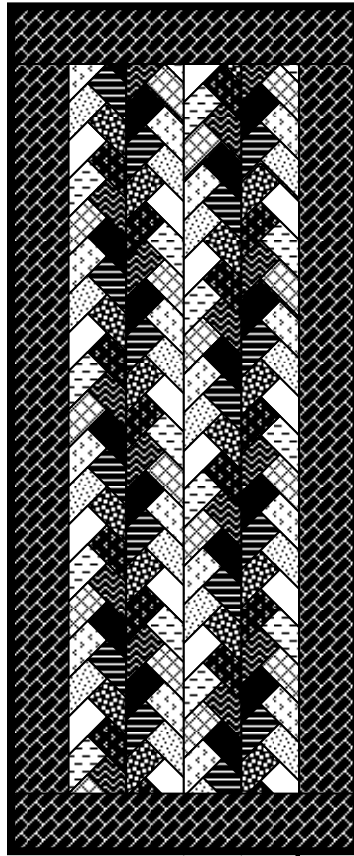
month 6



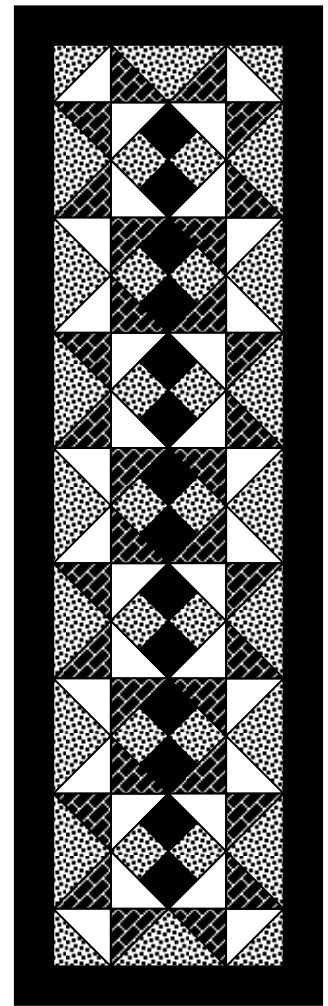
month 8



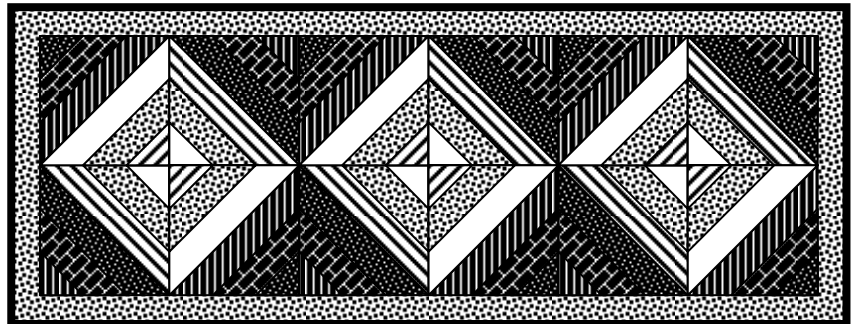
month 11



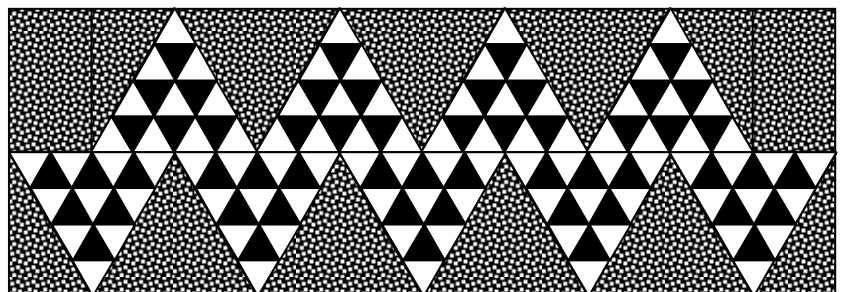
month 7



month 9



month 10



month 12